

ENVISIONING THE FUTURE

2020 LEADERSHIP CONFERENCE

Speakers



Jason Koger

Jason Koger became the first bilateral arm amputee in the world to be fitted with multi-articulating bionic hands after losing both hands in a traumatic ATV accident in 2008. Today, he encourages others to live a life without limitations by spreading his favorite message: Why survive when you can thrive? When Jason is not at home helping his wife, Jenny, with their three children, Billie Grace, Cambell, and Axell, he is traveling the country sharing his story of overcoming obstacles or working as an ambassador for the manufacturer of his hands, Ossur, and his socket manufacturer, Arm Dynamics. With a positive attitude and welcoming personality, Jason has had the opportunity to appear on several national news outlets, which led to many other TV appearances, magazine articles, and the TedX stage. Jason has reached goals that have never been reached before, including becoming the first bilateral arm amputee to harvest a bear with a crossbow. Jason also started a charity event called Handing Back that has brought celebrities to his hometown of Owensboro, Kentucky, raising over \$30,000 to give back to a community that gave so much to him in his time of need. He is also currently working on his first book and received the American Red Cross hero of the year and role model of the year awards. Nobody knows what is next for Jason, but whatever doors open he will give the glory to God and grab every opportunity with both bionic hands.



Dr. Stephen Loyd

Dr. Stephen Loyd currently serves as the Medical Director of Cedar Recovery, Journey Pure at the River, The Next Door and New Hope Treatment Center. He is currently a member of the Tennessee Board of Medical Examiners as well as serving as a federal expert witness and Associate Professor with Department of Medicine at James H. Quillen College of Medicine. A nationally recognized thought leader and clinician, Dr. Loyd has decades of experience in internal medicine, mental health, and substance abuse services. His background includes serving as the Medical Director and Assistant Commissioner for Substance Abuse Services with the Tennessee Department of Mental Health and Substance Abuse Services. Dr. Loyd has been in recovery since 2004. Experiencing addiction firsthand has allowed him to develop a unique approach to patient care that is passionate, effective, and impactful. His daily goal is to help as many people receive the quality treatment they deserve in order for them to feel better, get better, and stay better.

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Opening General Session

Dr. Natalie Stava

On April 15, 2013, Dr. Stavas approached the finish line of her fifth Boston marathon. Just blocks away she heard explosions, and she ran towards them. Arriving at the scene she went to work administering CPR, applying tourniquets, and triaging the wounded. What led her to make that fateful decision to run into a terrorist attack? An expert on chaos, Natalie Stavas attacks every obstacle with the same attitude: "You run towards that which you fear, that which challenges you, that which is oppositional." Running toward chaos actually makes chaos more manageable. Following these actions President Barack Obama, Katie Couric, and Anderson Cooper honored Natalie for her role as a first responder. Improper Bostonian magazine named Dr. Stavas one of "Boston's Best" and The Boston Globe awarded her with "2013 Bostonian of the Year" - an honor bestowed upon those that shape the biggest story of the year in a remarkable way. After the bombings Dr. Stavas increased her efforts in preventing childhood violence and improving the health of urban communities. She is a mentor for Sole Train- a non-profit organization guiding inner-city youth on a path towards their full potential through running. She is also the medical advisor for the Appalachian Mountain Club, helping improve the health of children by getting them outside. Dr. Stavas' work goes beyond borders- traveling to Haiti throughout the year, she provides medical care to children and helps strengthen the fragile medical infrastructure. A documentary featuring this work as a medical pioneer premiered at the 2014 South by Southwest film festival. Dr. Stavas has written for multiple outlets including the Huffington Post, the Center for Disease Control, Self Magazine and the Medical Bag. She has been featured in Runners World, The New York Times, LA Times, The Boston Globe, The New Yorker, Time and People Magazine. Described as a healer, educator, and community leader she received the 2012 Change Maker award from The Boston Foundation. Dr. Natalie Stavas is currently a physician at The Children's Hospital of Philadelphia. Trained and educated at Harvard University, Natalie's area of experience is in childhood trauma, decreasing youth violence and researching how we can better protect and serve high-risk children. She is pursuing fellowship training in Child Protection pediatrics and obtaining a Masters in Health Science and Public Policy at The University of Pennsylvania. She was recently named the wellbeing/work-life integration specialist for the Department of Pediatrics at the Children's Hospital of Philadelphia Keep an eye out for her upcoming book, "Sole to Soul," about the transformative power that running has on high-risk youth, a simple solution to the complicated problem of childhood poverty and violence.